Health and Wellness Survey

Presented by:
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www.fsap.emory.edu
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FSAP ... finding solutions to life's challenges.
About FSAP

- In existence since 1986
- Provides employee assistance services to faculty, staff, physicians and their immediate family members
FSAP Core Services

- Behavioral Mental Health
- Education and Outreach
- Health Promotion & Wellness
- Organizational Dynamics
2011 Health and Wellness Survey

- 10-minute web-based survey
- Via email
- Emory Healthcare
- Emory University
A Formal Needs Assessment Will Provide:

- Information on the general health and wellness (physical, emotional) of Emory’s workforce
- Insight on areas for prevention
A Formal Needs Assessment Will Provide:

- Baseline data to guide:
  - The FSAP strategic plan
  - Program development
  - Service delivery

- Assurance:
  - Services and programs accurately meet needs and interests
The Ultimate Goal:

• To enhance professional and personal well-being

• To enhance employment experience at Emory
Possible Concerns & Challenges

- Confidentiality
- Time constraints and/or other priorities
- Belief that survey will not apply
- Lack of interest
For Leaders: FSAP is...

- A resource for you
- A resource for your direct reports
- A resource for your team
We need your help:

- Let your staff know about the survey;
- Reassure them that this is a resource for them;
- If staff have questions, ask them to contact us at 727-WELL;
- Please complete the survey, so we can support you and our workforce.
Feedback / Questions
Faculty Staff Assistance Program

The Emory Wellness Center
1762 Clifton Road NE, Suite P1100
Atlanta, GA 30322
404.727.WELL

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